

WEEK 1

Autumn / Winter 2019

POTLEY HILL PRIMARY SCHOOL

radish
IT'S ALL GOOD



Week Commencing:

2nd September
23rd September
14th October
11th November
2nd December

Option 1

Monday.
Turkey Meatballs served in a Homemade Tomato Sauce with Spaghetti

Tuesday.
Chicken and Sweetcorn Pizza served with Spaghetti Hoops

Wednesday.
Roast Chicken served with Stuffing, Roast Potatoes and Gravy

Thursday.
Lamb Keema served with Steamed Rice

Friday.
Gluten Free Battered Fish served with Chips

Option 2 v Vegetarian

v Vegetable and Chick Pea Biryani

v Cheese and Tomato Pizza served with Spaghetti Hoops

v Vegetarian Cottage Pie

v Macaroni Cheese

v Roasted Vegetable Tart served with Chips

Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Tomato and Basil Pasta

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Spicy Tomato Pasta

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Vegetables

Carrots
Green Beans

Mixed Salad
Garden Peas

Steamed Cabbage
Carrots

Green Beans
Sweetcorn

Baked Beans
Garden Peas

Dessert

Apple Strudel with Custard

Chocolate Cookie

Strawberry Jelly

Banana Loaf

Fruit Slushy

Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily



WEEK 2

Autumn / Winter 2019

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Week Commencing:
 9th September
 30th September
 21st October
 18th November
 9th December

Option 1

Monday.
Chicken and Pesto Pasta

Tuesday.
Minced Beef and Onion Pie served with New Potatoes

Wednesday.
Roast Gammon served with Stuffing, Roast Potatoes and Gravy

Thursday.
Sweet & Sour Chicken served with Steamed Rice

Friday.
Fish Fingers or Salmon Fish Fingers served with Chips

Option 2 v Vegetarian

Monday.
Lentil Spinach and Chick Pea Dahl served with Steamed Rice v

Tuesday.
Cheese and Onion Pasty served with New Potatoes v

Wednesday.
Broccoli and Cauliflower Cheese Bake served with Roast Potatoes v

Thursday.
Mixed Bean Burrito v

Friday.
Vegetable Nuggets served with Chips v

Option 3

Monday.
Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Tuesday.
Roasted Vegetable Pasta

Wednesday.
Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Thursday.
Tomato and Basil Pasta

Friday.
Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Vegetables

Monday.
Carrots
Garden Peas

Tuesday.
Green Beans
Sweetcorn

Wednesday.
Carrots
Cabbage

Thursday.
Green Beans
Carrots

Friday.
Baked Beans
Garden Peas

Dessert

Monday.
Syrup Sponge served with Custard

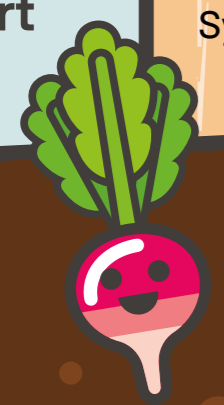
Tuesday.
Carrot Cake

Wednesday.
Ice Cream

Thursday.
Gluten Free Chocolate Sponge served with Custard

Friday.
Fruit Slushy

Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily



WEEK 3

Autumn / Winter 2019

POTLEY HILL PRIMARY SCHOOL

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Week Commencing:

16th September
7th October
4th November
25th November
16th December

Option 1

Monday.
Tandoori Chicken served with Steamed Rice

Tuesday.
Traditional Beef Lasagne

Wednesday.
Pork Sausage served with Mashed Potato and Gravy

Thursday.
Beef Chilli Con Carne served with Steamed Rice

Friday.
Gluten Free Battered Fish served with Chips

Option 2 v Vegetarian

v Neapolitan Bean Pasta Bake

v Sweet Potato and Chick Pea Curry served with Steamed Rice

v Vegetarian Sausage served with Mashed Potato and Gravy

v Cheese and Tomato Whirl served with New Potatoes

v Cheese Tomato and Pesto Puff served with Chips

Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Tomato and Basil Pasta

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Cheesy Tomato Pasta

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Vegetables

Sweetcorn
Carrots

Cauliflower and Broccoli
Garden Peas

Carrots
Green Beans

Garden Peas
Carrots

Baked Beans
Garden Peas

Dessert

Vanilla Sponge with Custard

Chocolate Tiffin

Fruit Crumble with Custard

Flapjack

Fruit Slushy

Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily

